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Take a look at the syllabus below for a complete list of the resources offered by this Macmillan Practice Online course.



Sky High 1 Practice Online

This course accompanies 'Sky High 1'. There are 12 units, each matching a student's book unit. There is a review syllabus item every other unit, to match the Checkpoint sections in the student's book. Resources are grouped into four categories: Building Grammar, Building Vocabulary, Listening Development and Pronunciation Practice.

UNIT 1

Meeting people

This syllabus item provides practice of the kind of language we use to ask for and give personal information.

Building grammar	Practicing the verb 'to be'.		
Pronunciation practice	Listening to the alphabet song.		
The verb <i>to be</i>	Language Exercise	Alphabet rap	Pronunciation Activity

Introductions

This syllabus item provides practice of the kind of language we use when we meet people.

Building grammar	Practicing the verb 'to be'.		
Conference introductions	Language Exercise	Small talk	Language Exercise

Join the club

This syllabus item provides practice of the kind of language we use to talk about possession.

Listening development	Listening to four different sets of numbers and letters and identifying them.		
Building grammar	Practicing possessive adjectives 'my', 'your', 'his', 'her' and 'our'.		
Letters and numbers	Listening Activity	First day in the office	Language Exercise

Lifeline to learning English

This syllabus item provides practice of the kind of language we use in the classroom.

Building vocabulary	Practicing useful classroom language. Practicing words for classroom objects.		
How do you spell ...?	Vocabulary Activity	Classroom objects	Vocabulary Activity

UNIT 2

Around the world

This syllabus item provides practice of the kind of language we use to talk about countries, nationalities and languages.

Building vocabulary	Practicing languages and countries.		
Pronunciation practice	Identifying the main syllable stress in countries and nationalities.		
Building grammar	Practicing questions and answers with 'be'.		
What language do they speak?	Vocabulary Activity	Word stress	Pronunciation Activity
		Who are you?	Language Exercise

People at work

This syllabus item provides practice of the kind of language we use to talk about occupations.

Pronunciation practice	Identifying the number of syllables in single words. Identifying the correct stress pattern in single words.		
Listening development	Listening to six people talking about what jobs they do and matching the names with the correct jobs.		
Building vocabulary	Practicing words for jobs. Note: When playing the game 'Memory', select the topic 'Jobs'.		
Jobs	Listening Activity	Syllable stress	Pronunciation Activity
Stress patterns	Pronunciation Activity	Memory	Game

New people

This syllabus item provides practice of the kind of language we use to talk about people.

Building grammar	Practicing the verb 'to be'. Practicing contractions of the verb 'to be'.		
Contractions of the verb <i>to be</i>	Language Exercise	<i>Be</i> : present simple negative	Grammar Reference Unit
<i>Be</i> : present simple affirmative	Grammar Reference Unit	<i>Be</i> : present simple interrogative	Grammar Reference Unit

Lifeline to the Internet

This syllabus item provides practice of the kind of language we use to exchange personal information.

Building grammar	Practicing the verb 'to be'. Practicing questions and answers with contractions of 'be'.		
School open house	Language Exercise	To be or not to be?	Language Exercise

Checkpoint 1

This syllabus item provides further practice of the language covered in Units 1 and 2.

Listening development	Listening to a conversation about cell phone numbers and matching each person with their phone number.		
Building vocabulary	Matching questions and answers related to exchanging personal information.		
Building grammar	Practicing the verb 'to be'.		
Sorry I'm late	Language Exercise	The Neighborhood	Game
Cell phone numbers	Listening Activity		

UNIT 3

An international conference

This syllabus item provides practice of the kind of language we use to check in at a hotel. It also practices talking about age.

Building vocabulary	Practicing spelling numbers from one to a hundred.		
Building grammar	Practicing subject pronouns.		
Listening development	Listening to a woman checking in at a hotel and completing a form. Listening to a woman checking in at a hotel and completing the conversation.		
Hotel check-in	Listening Activity	Meet my family	Vocabulary Activity
Checking in at the Riverside Hotel	Listening Activity	Subject pronouns	Language Exercise

Urban ecology

This syllabus item provides practice of the kind of language we use to talk about what people do.

Building grammar	Practicing the present simple affirmative. Practicing answers to 'wh' questions.		
Listening development	Listening to someone being interviewed about their life and matching questions with answers.		
A mail carrier's day	Language Exercise	What does Mrs. Bari do?	Language Exercise
An interview with Pete	Listening Activity		

An unusual job

This syllabus item provides practice of the kind of language we use to describe people's jobs.

Listening development	Listening to an interview and completing sentences with the correct form of the present simple.		
Building grammar	Practicing word order in personal questions.		
My job	Listening Activity	Interview with Maria	Language Exercise

Lifeline to ecotourism

This syllabus item provides practice of the kind of language we use to talk about tourism.

Building vocabulary	Visiting an external website and answering questions about Vancouver, Canada.		
A trip to Vancouver, Canada	Web Project		

UNIT 4

Famous faces

This syllabus item provides practice of the kind of language we use to describe people.

Building grammar	Practicing 'have' and adjectives to describe people. Practicing adjective word order.		
My family and I	Language Exercise	Describing people	Language Exercise

Family connections

This syllabus item provides practice of the kind of language we use to talk about family relationships.

Building vocabulary	Practicing words for family relationships.		
Building grammar	Practicing possessive adjectives. Practicing the possessive ''s'.		

The family tree	Vocabulary Activity	This is my family	Language Exercise
Family relationships	Vocabulary Activity	Possessives	Language Exercise

Dream date

This syllabus item provides practice of the kind of language we use to talk about likes and dislikes.

Building vocabulary	Practicing completing forms.		
Building grammar	Practicing the present simple of 'don't like'. Practicing affirmative and negative sentences with 'like', 'love' and 'hate'.		
Listening development	Listening to someone talking about two people's hobbies and completing a description.		
Completing forms	Vocabulary Activity	The same but different	Listening Activity
Dislikes	Language Exercise	Do you like that?	Language Exercise

Lifeline to astrology

This syllabus item provides practice of the kind of language we use to describe personality. It also practices days of the week and ordinal numbers.

Building vocabulary	Practicing days of the week and adjectives to describe personality. Practicing ordinal numbers.		
Days of the week	Vocabulary Activity	Numbers	Vocabulary Activity

Checkpoint 2

This syllabus item provides further practice of the language covered in Units 3 and 4.

Building grammar	Practicing questions and negatives with 'like' and giving short answers.		
Listening development	Listening to two people talking about sports and selecting the sports they like and don't like. Listening to a French woman talking about her family and matching the people according to their relationships.		
Likes and dislikes	Language Exercise	Family life	Listening Activity
What sports do you like?	Listening Activity		

UNIT 5

Student dormitory life

This syllabus item provides practice of the kind of language we use to describe a room.

Building vocabulary	Practicing words for furniture.		
Listening development	Listening to a teenager describing his bedroom and deciding whether statements are true or false.		

Furniture and appliances	Vocabulary Activity	My bedroom	Listening Activity
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Change of address

This syllabus item provides practice of the kind of language we use to describe a house.

Building vocabulary	Practicing rooms and places inside and outside the home.		
Building grammar	Practicing the use of 'there is' and 'there are'.		
Houses	Vocabulary Activity	<i>There is, there are</i>	Language Exercise

Lifestyles

This syllabus item provides practice of the kind of language we use to give descriptions.

Building grammar	Practicing 'there is' and 'there are' + countable and uncountable nouns. Practicing the use of 'a', 'some', and 'any'.		
Countable and uncountable nouns	Language Exercise	<i>A, some, any</i>	Language Exercise
		In my room	Language Exercise

Lifeline to design

This syllabus item provides practice of the kind of language we use to describe people and their homes.

Listening development	Reading a description of a house, listening to descriptions of three people and deciding which one lives in the house.
Who lives there?	Listening Activity

UNIT 6

Contrasts

This syllabus item provides practice of the kind of language we use to talk about occupations and sports.

Listening development	Listening to an interview about sports and keying in the correct day(s) of the week next to each activity.		
Building vocabulary	Practicing using 'play', 'go' and 'do' with different sports.		
Building grammar	Practicing present simple questions and answers. Practicing questions words.		
Interview with a TV director	Language Exercise	I do aerobics	Vocabulary Activity
		Sally's sports schedule	Listening Activity

Time rules, OK?

This syllabus item provides practice of the kind of language we use to describe routine activities. It also practices telling the time.

Building grammar	Reading about someone's daily routine and putting events next to the time they happen.		
Building vocabulary	Practicing telling the time.		
Listening development	Listening to people talking about their favorite water sports and selecting the correct adverb of frequency to complete short texts.		
What time is it?	Vocabulary Activity	The water sports center	Listening Activity
Max's day	Language Exercise		

Talent

This syllabus item provides practice of the kind of language we use to talk about abilities.

Building grammar	Practicing the use of 'can' and 'can't' for ability.		
Pronunciation practice	Identifying the words 'can' and 'can't' in simple sentences and questions.		
Listening development	Listening to telephone messages and matching what people say they can do with an advertisement for an audition.		
Can for ability	Language Exercise	Vowel sounds	Pronunciation Activity
Can you do this?	Listening Activity		

Lifeline to recreation

This syllabus item provides practice of the kind of language we use to talk about recreational activities.

Building vocabulary	Practicing types of hobbies. Practicing useful language to talk about hobbies.		
What's your hobby?	Vocabulary Activity	Talking about hobbies	Vocabulary Activity

Checkpoint 3

This syllabus item provides further practice of the language covered in Units 5 and 6.

Building grammar	Contrasting 'there is' and 'there are' with the pronouns 'it' and 'they'.		
Listening development	Listening to two people talking about their daily routine in different countries and selecting the correct information. Listening to an interview about a Robot Rescue Dog and selecting the things he can do and the things he can't do.		
Building vocabulary	Practicing words related to houses.		
My house	Vocabulary Activity	Daily routine	Listening Activity
Beach life	Language Exercise	Robot Rescue Dog	Listening Activity

UNIT 7

Vacations

This syllabus item provides practice of the kind of language we use to describe vacations and the weather.

Building vocabulary	Practicing words to describe the weather. Practicing words associated with vacations.		
What's the weather like?	Vocabulary Activity	Vacations	Vocabulary Activity
The weather forecast	Vocabulary Activity		

Getting ready

This syllabus item provides practice of the kind of language we use to describe clothes and activities in progress.

Building vocabulary	Practicing clothes and colors.		
Listening development	Listening to descriptions of what people are wearing and matching these descriptions with pictures of people. Listening to what four students are doing and matching their names with the actions described.		
Building grammar	Practicing the present progressive.		
What color is it?	Vocabulary Activity	Present progressive	Language Exercise
My favorite clothes	Listening Activity	Where in the world ... ?	Listening Activity

Final destination

This syllabus item provides practice of the kind of language we use to describe activities in progress and activities that occur on a regular basis.

Building grammar	Contrasting the present simple and the present progressive.		
Listening development	Listening to two people talking about what they do or are doing and selecting the correct option to complete information about the people.		
Robert's sports schedule	Language Exercise	Present simple and present progressive	Language Exercise
Present simple v. present progressive	Language Exercise	People and activities	Listening Activity

Lifeline to meteorology

This syllabus item provides practice of the kind of language we use to describe extreme weather.

Building vocabulary	Practicing words related to extreme weather. Note: When playing the game 'Memory', select the topic 'Extreme weather'.		
Listening development	Listening to weather reports and matching cities with weather predictions.		
Memory	Game	The weather where you are	Listening Activity

UNIT 8

Places of interest

This syllabus item provides practice of the kind of language we use to describe location of places in a town.

Pronunciation practice	Identifying the number of syllables in words.		
Building grammar	Practicing prepositions of place.		
Prepositions of place 3	Grammar Reference Unit	Directions	Language Exercise
		Syllable count	Pronunciation Activity

Plans for the weekend

This syllabus item provides practice of the kind of language we use to give instructions and make suggestions.

Building grammar	Practicing imperative verbs. Practicing using 'Let's' for suggestions.		
Following instructions	Language Exercise	Suggestions with <i>Let's</i>	Language Exercise

Airport problems

This syllabus item provides practice of the kind of language we use to give descriptions and list items.

Building grammar	Practicing countable and uncountable nouns. Practicing the use of 'some' and 'any'.		
Countable v uncountable nouns: definition and contrast	Grammar Reference Unit	Countable and uncountable nouns	Language Exercise
		Quantifiers	Language Exercise

Lifeline to urban planning

This syllabus item provides practice of the kind of language we use to describe a town.

Building grammar	Practicing prepositions of location.		
Building vocabulary	Practicing buildings and place names.		
Places and buildings	Vocabulary Activity	Where's the bank?	Language Exercise

Checkpoint 4

This syllabus item provides further practice of the language covered in Units 7 and 8.

Building grammar	Practicing 'there is' and 'there are' in a text about a town map. Contrasting the negative forms of the present simple and progressive. Practicing the present simple and the present progressive.		
Listening development	Listening to a conversation about preferences for colors and clothes.		
Is there a bank on this street?	Language Exercise	Robot Wars	Game
Negative forms of present tenses	Language Exercise	I don't like the color!	Listening Activity

UNIT 9

Good food

This syllabus item provides practice of the kind of language we use to talk about food and eating habits in different countries.

Listening development	Listening to people talking about breakfast habits in different places and matching the breakfast food with the place.		
Building vocabulary	Practicing words for food.		
Fruit, vegetable, dairy or meat?	Vocabulary Activity	Breakfast all over the world	Listening Activity

Hungry?

This syllabus item provides practice of the kind of language we use to order food. It also practices the language we use to talk about the past.

Building grammar	Practicing making questions and giving short answers with 'was' and 'were'.		
Listening development	Listening to two people ordering food and choosing the guest who orders each item. Listening to someone ordering food in a restaurant and putting the conversation in order.		
What's on the menu?	Listening Activity	Questions and short answers with <i>was</i> and <i>were</i>	Language Exercise
Restaurants and eating out	Listening Activity		

What was your favorite restaurant?

This syllabus item provides practice of the kind of language we use to talk about past experiences. It also practices the language we use in restaurants.

Building grammar	Contrasting the use of 'was' and 'were'.		
Building vocabulary	Practicing words and phrases used in restaurants.		

Were you sick?	Language Exercise	Eating out	Vocabulary Activity
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Lifeline to health

This syllabus item provides practice of the kind of language we use to talk about food and healthy eating.

Building vocabulary	Visiting external websites and answering questions about regional food in the U.S.A.
Listening development	Listening to two teenagers talking about a healthier lifestyle and choosing the correct option to complete the conversation.

Healthy eating	Listening Activity	Food around the U.S.A.	Web Project
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UNIT 10

Personal history

This syllabus item provides practice of the kind of language we use to talk about important events in people's lives.

Listening development	Listening to a teacher talking about important events in his life and completing sentences with information about him.
Building grammar	Practicing prepositions of time. Practicing prepositions of place.

Cabinda's life	Listening Activity	Working in Philadelphia	Language Exercise
Dates and times	Language Exercise	Prepositions of place 2	Grammar Reference Unit

Life changes

This syllabus item provides practice of the kind of language we use to talk about the past.

Building grammar	Practicing the past simple of regular and irregular verbs.		
Past simple	Language Exercise	Last winter ...	Language Exercise
Past simple	Language Exercise		

Romance and tragedy

This syllabus item provides practice of the kind of language we use tell stories. It also practices asking questions about the past.

Building grammar	Practicing past simple question formation.
Listening development	Listening to two people talking about their hobbies and keying in the missing words to complete the stories. Listening to a letter from a boy about the things he did during the day and matching the beginning and ending of each sentence.

Two stories	Listening Activity	What's the question?	Language Exercise
Things to do	Listening Activity		

Lifeline to culture studies

This syllabus item provides practice of the kind of language we use to talk about books and their authors.

Building vocabulary	Visiting external websites and answering questions about two well-known series of children's books and their authors.
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Children's literature	Web Project
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Checkpoint 5

This syllabus item provides further practice of the language covered in Units 9 and 10.

Building grammar	Practicing past simple 'wh-' questions. Practicing irregular forms of the past simple. Practicing prepositions of time.
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All about you	Language Exercise	Agent 700	Game
Different hobbies	Language Exercise	Prepositions of time	Language Exercise

UNIT 11

A busy week

This syllabus item provides practice of the kind of language we use to describe busy days in our lives.

Building grammar	Practicing regular and irregular past simple forms in affirmative and negative sentences.
Building vocabulary	Practicing collocations.

A busy day at work	Language Exercise	School mornings	Vocabulary Activity
What did you do last weekend?	Language Exercise		

Famous lives

This syllabus item provides practice of the kind of language we use to ask questions about past events.

Building grammar	Practicing all forms of the past simple. Practicing questions in the past simple.
Where did you go?	Language Exercise

Questions in the past simple	Language Exercise	Past simple	Language Exercise
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Epic journeys

This syllabus item provides practice of the kind of language we use to talk about past trips. It also practices 'wh-' questions.

Building grammar	Practicing 'wh-' questions that ask about a subject. Practicing 'wh-' questions that ask about an object.
Listening development	Listening to a conversation about a vacation trip and choosing the correct words to complete questions.

On vacation	Listening Activity	Wh- questions: object	Grammar Reference Unit
Wh- questions: subject	Grammar Reference Unit		

Lifeline to history

This syllabus item provides practice of the kind of language we use to talk about artists and their paintings.

Building vocabulary	Visiting external websites and answering questions about three twentieth century artists and their paintings.
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Art galleries online	Web Project
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UNIT 12

Life events

This syllabus item provides practice of the kind of language we use to talk about important past events.

Building grammar	Practicing all forms of the past simple.
Listening development	Listening to teenagers talking about a celebrity they met and putting events in the correct order.

Meeting a celebrity	Listening Activity	Where did you go?	Language Exercise
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Making plans

This syllabus item provides practice of the kind of language we use to talk about future plans.

Building grammar	Practicing the future with 'going to'.
Building vocabulary	Practicing words for free time activities.
Listening development	Listening to somebody talking about his travel plans and choosing the correct answers.

Booking a vacation	Language Exercise	Just relax!	Vocabulary Activity
A working vacation	Listening Activity		

Reunions

This syllabus item provides practice of the kind of language we use to talk about personal profiles.

Building grammar	Practicing prepositions of time.
Listening development	Listening to an interview about somebody's job and deciding whether statements are true or false.

Traveling for work	Listening Activity	Pret a Porter	Game
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Lifeline to continuing English

This syllabus item provides practice of the kind of language we use to talk about living in another country and learning languages.

Listening development	Listening to a woman talking about her life in another country and answering questions. Listening to two teachers talking about learning English in the future and deciding if they agree or disagree with statements.
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In another country	Listening Activity	Learning English	Listening Activity
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Checkpoint 6

This syllabus item provides further practice of the language covered in Units 11 and 12.

Building grammar	Practicing prepositions to do with time. Practicing a variety of grammar points by playing a game.
Listening development	Listening to a teenager talking about his busy week and selecting the correct event for each day. Listening to an interview about a family going to live on a desert island and selecting the correct answer to sentences. Listening to John talking to Pam about her weekend and keying in missing words to complete questions and short answers.

Jack's busy week	Listening Activity	China Times	Game
Life on a desert island	Listening Activity	Astro Explorer - Easy	Game
Tell me about your weekend	Listening Activity		

